

9th EMES International Research Conference on Social Enterprise

**Act locally, change globally: Social enterprises and
cooperatives for more resilient economies and societies**

Practical information

September 11-14, 2023

Frankfurt University of Applied Sciences, Frankfurt (Germany)

I. Staying in Frankfurt

Frankfurt is best known as Europe's banking center and the seat of the European Central Bank and of course, the Euro. But this eclectic city is so much more than just another one-trick pony. This multicultural city is known as the Manhattan of Europe with a population of which 25% are expats giving the city its ultra-cosmopolitan vibe. It is the best of the old with heritage buildings dating back centuries as well as modern-day skyscrapers.

Beyond its appeal as a business hub, Frankfurt is so much more. Set on the River Main, Frankfurt offers natural beauty along the waterway and stunning at any time of the year. In the warmer months, boating, jogging and just walks along the banks and riverside gardens make for a wonderful afternoon. In the historic centre, the Römer town hall, the cathedral and the Paulskirche are must-sees.

As for accommodation in Frankfurt, you can stay in hotels or select other private accommodation alternatives. Some special room rates have been negotiated for Conference participants at the following hotels below.

II. Accommodation (option with negotiated rates)

We have negotiated special rates with several hotels in the area if booked before (please check the booking deadline in the table). To make a reservation at the best rate make sure to book as soon as you register for the Conference. When making the reservation, please mention that you will be attending the 9th EMES International Research Conference on Social Enterprise.

Hotel name	Price	Available rooms	Booking deadline	Contact person
Hotel Best Western IB	119,00 € Classic / single-room per night excluded breakfast	20 rooms	30 rooms <u>until 11.06.2023.</u> 30 rooms <u>until 01.08.2023.</u>	Juli Michl +49 69-768064503 Email: reservierung.frankfurt@ibhotels.de
	139,00 € Business / single-room per night excluded breakfast	40 rooms	20 rooms <u>until 10.09.2023.</u>	
Hotel Paulaner am Römer	80,00 € Single-room per night include breakfast	5 rooms	<u>Until 31.07.2023.</u> 10 rooms <u>until 10.09.2023.</u>	Rebeca Arghir +49 69-1381030 Email: hotel@paulaner-am-dom.de
	90,00 € Premium single-room per night include breakfast	7 rooms		
	110,00 € Double room standard for 1 person include breakfast	6 rooms		
	110,00 € Double room for 1 person with twin bed per night include breakfast	3 rooms		
Hotel Arena am Wasserpark	94,00 € Double room for 1 person (no breakfast) 79,00 € Single room for 1 person (no breakfast)	20 rooms (+20 rooms)	30.04.2023 free cancellation until 01.08.2023	Booking-Link: https://onpagebooking.com/villa-am-wasserpark-frankfurt/allotments/8581?allotmentcode=EMES&lang=de Booking-Password: EMES
City Hotel Bad Vilbel	99,00 € Single-room include breakfast	80 rooms	<u>Until 01.06.2023.</u>	Jan Bauer +49 6101-588488 Email: j.bauer@cityhotel-badvilbel.de
Maingau Hotel	129,00 € Double room for 1 person include breakfast	10 rooms	<u>Until 11.08.2023.</u> (possible extension)	Janet Adrian +49 69-609140 Email: info@maingau.de
	119,00 € Single room include breakfast	33 rooms	10 rooms <u>until 10.09.2023.</u>	

Motel Frankfurt	79,00 € Single room include breakfast	20 rooms	<u>Until 31.07.2023.</u>	Margreet Veenstra +49 69-5600060 Email: motel frankfurt@parkmotel.de
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Other hotels options

We have prepared the list of other hotels located close to the Frankfurt University of Applied Sciences. Also, **please keep in mind that being committed to reducing our carbon footprint, we encourage the use of public transport whenever possible.** That is why we added the special line for public transport and distance to the University.

Hotel name	Location	Public transport to the University	Web
Mainhaus Stadthotel	Lange Straße 26 60311 Frankfurt am Main	ca 15min (S8 -Tram18 or bus30)	http://mainhaus-frankfurt.de/
Hotel Cult	Offenbacher Landstraße 56 60599 Frankfurt am Main	ca 17min (Tram 18)	https://www.hotelcult.de/
Arena Villa am Wasserpark	Friedberger Landstraße 285 60389 Frankfurt am Main	ca 2min (Tram18 or bus 30)	https://villa-am-wasserpark.com/
Expo Hotel	Große Friedberger Str. 14 60313 Frankfurt am Main	ca 5min (Tram 18 or bus 30)	http://www.expo-hotel.de/
Villa Orange	Poststrasse 10-12 60329 Frankfurt am Main	ca 10min (Tram 18)	http://www.villa-orange.de/
Hotel Hamburger Hof	Poststrasse 10-12 60329 Frankfurt am Main	ca 17min (U4 or U5 - Tram 18 or bus 30)	http://hamburgerhof.com/
Hotel Cristall	Ottostr 3 60329 Frankfurt am Main	ca 17min (U4 or U5 - Tram 18 or bus 30)	http://www.hotelcristall.com/
Hotel Scala	Schäfergasse 31 60314 Frankfurt am Main	ca 11min (Tram 18)	http://hotelscala.de
Motel Frankfurt	Eschersheimer Landstr. 204 60320 Frankfurt am Main	ca 12min (bus 32)	https://motel.advenahotels.com/
City Hotel Mercator	Mercatorstraße 38 60316 Frankfurt am Main	ca min 8 (Tram 18 or 12)	http://www.cityhotelfrankfurt.de/mercator/en/reservation
Best Western Premier IB Hotel Friedberger Warte	Homburger Landstraße 4 60389 Frankfurt am Main	ca 8 min (Tram 18)	https://www.bestwestern.com/
Hotel NH Collection Frankfurt City	Vilbeler Str. 2, 60313 Frankfurt am Main	ca 16 min (Tram 18 or bus 30)	https://www.nh-hotels.com/hotel/nh-collection-frankfurt-city
Paulaner am Dom Hotel	Domplatz 6, 60311 Frankfurt am Main	ca 16 min (Tram 18 or bus 30)	http://www.paulaner-am-dom-hotel.com

Motel One Frankfurt Römer	Berliner Str. 55, 60313 Frankfurt am Main	ca 18 min (Tram 12)	https://www.motel-one.com/de/hotels/frankfurt/hotel-frankfurt-roemer/
a&o Hostel & Hotel Frankfurt	Hanauer Landstr. 207, 60314 Frankfurt am Main	ca 30 min (Tram 11, then Tram 18)	https://www.aohostels.com/de/frankfurt/frankfurt-ostend/
City Hotel Bad Vilbel	Alte Frankfurter Straße 13, 61118 Bad Vilbel	ca 15 min (Bus 30)	https://cityhotel-badvilbel.de/
Hotel Maingau	Schifferstraße 38-40, 60594 Frankfurt am Main	ca 20 min (Bus 30)	https://www.maingau.de/de/

Alternatively, other hotels, hostels or bed & breakfasts are available in Frankfurt. The information can be found on <https://www.hrs.com/en/hotel/frankfurt-am-main/d-91191>. Please note that they go very fast so you are encouraged to make your reservations as soon as possible.

III. Transportation

Despite the international nature of its mission, EMES is committed to reducing the carbon footprint and the waste generated by its events. This is why **we advocate the use of transportation other than airplane and promote non-plastic policy and reuse.**

In this context, we provide estimations of train travel time from the main European capitals so you can reach Frankfurt in the least harmful way possible for the climate.

In addition, we suggest checking [the carbon calculator fact sheets](#), created by ELIA and aimed at networks, organisations, and professionals to help achieving environmental sustainability.

BY TRAIN

From main European capitals to Frankfurt Central Station:

Barcelona-Frankfurt (1,329.3 km, approximately 15 hours 23 minutes)

London-Frankfurt (638 km, approximately 9 hr 25 min)

Milan-Frankfurt (517 km, approximately 7 hr 52 min)

Paris-Frankfurt (477 km, approximately 4 hr and 13 min)

Brussels-Frankfurt (397, 7 km, approximately 4hr)

Arriving by train

From central station to Frankfurt UAS:

Take any S-Bahn line, except for S7, to Konstablerwache. Change to bus line 30 (northbound: direction "Bad Vilbel/Unfallklinik"), or to tram line 18 ("Straßenbahn 18") northbound, direction "Preungesheim/Gravensteiner Platz" and exit at stop "Nibelungenplatz/FH".

-> for Villa am Wasserpark exit at stop "Wasserpark"

-> for City Hotel Mercator exit at stop "Friedberger Platz"

From “Lokalbahnhof” or “Konstablerwache” station to Frankfurt UAS:

Take the tram line 18 ("Straßenbahn 18") northbound, direction "Preungesheim/Gravensteiner Platz". Exit at "Nibelungenplatz/FH".

Arriving by plane

From airport to Frankfurt UAS:

Go to Airport Regional Train Station; take S-Bahn lines S8 or S9 to "Konstablerwache". Change to bus line 30 (northbound: direction "Bad Vilbel/Unfallklinik"), or to tram line 18 ("Straßenbahn 18") northbound, direction "Preungesheim/Gravensteiner Platz" and exit at stop "Nibelungenplatz/FH".

- > For Villa am Wasserpark exit at stop "Wasserpark"
- > For City Hotel Mercator exit at stop "Friedberger Platz"

IV. Maps

The Conference will be held in Frankfurt University of Applied Sciences.

Address: Nibelungenpl. 1, 60318 Frankfurt am Main, Germany.

This map can be found on the [university website](#):

Site plan Frankfurt University of Applied Sciences



V. Restaurant and bar suggestions

This city is known as having some artistic charm, with fantastic restaurants and a rich nightlife. So, we have prepared a list of Restaurants & Bars worth visiting.

Name	Description	How to find it
Al Terrazino	One of the best pizzerias in Frankfurt	Station: Nibelungenplatz/ FH
Savory	Vegan food	Station: Rödelheim Bahnhof or Radilostraße
Apfelwein Wagner	Typical Frankfurter food and drinks	Station: Schwanthalerstraße
ConditCouture	Confectionery, „Bethmännchen“ the original speciality of Frankfurt am Main	Station: Dom/ Römer or Römer/ Paulskirche
El Pacifico	Mexican food	Station: Merianplatz
"Alt-Sachs" Sachenhausen	Many typical "Ebbelwoi" bars	Stations: Frankensteinerplatz or Lokalbahnhof or Affentorplatz
Die Rote Bar	Cocktail bar	Mainkai 7

VI. Culture and Tourism

Frankfurt is one of the leading cultural locations in Europe. The wide variety of culture and the arts on show on both sides of the River Main attracts visitors from far and wide. Thanks to this diversity, the museum embankment has gained a superb reputation all across the globe. We have prepared a several must visit attractions while in Frankfurt. Enjoy!



Photo credits: Leonhard Niederwimmer from Unsplash



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Name	Description	How to find it
Kaiserdom	Officially Cathedral of Saint Bartholomew, a Roman Catholic Gothic church located in the centre of Frankfurt am Main	Station: Dom/ Römer or Römer/ Paulskirch
Main-Tower	56-storey, 656 ft skyscraper	Station: Taunusanlage or Hauptwache or Willy-Brandt-Platz
Oper Frankfurt	One of the leading opera houses in Europe, voted best "Opera house of the year" several times since 2003	Station: Willy Brandt Platz
Palmengarten	Botanical garden	Station: Grüneburgweg
Römerberg/ Paulskirche	A church with important political symbolism in Germany	Station: Römer/ Paulskirche
Museumsufer	Large concentration of museums	Station: Willy Brandt Platz

Follow [updates on the Conference](#).

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For any questions about this conference, please write to 9emesconf@emes.net

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Event hashtag: **#9EMESconf #ActLocallyChangeGlobally**